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# Welcome

Welcome to the one year **Foundation Course in Herbal Medicine** and thank you for choosing Heartwood for your online studies. We are committed to ensuring that you gain maximum benefit from the course, and sincerely hope that you will find learning with us both stimulating and fun.

The course Welcome Page will be available on your Dashboard and contains detailed information on how to use the Heartwood online Learning Management System (LMS). This handbook explains the various procedures that define the relationship between you as a learner and Heartwood as a course provider.

We should emphasise that the Foundation Course is designed as an introduction to the world of medicinal herbs and, whilst it can act as a pathway to professional study in herbal medicine, it does not confer any right to practise or prescribe to others. We hope it will encourage you and give you confidence in the use of plants to enhance personal health and wellbeing, but we must stress that the medical information contained in the course is not ‘medical advice’ and should not be treated as such, and it is provided without any representations or warranties, express or implied. You must not rely on the information in the course as an alternative to medical advice, and if you have any specific questions about any medical matter, you should consult your doctor or other professional healthcare provider.

If you think you may be suffering from any medical condition, you should seek immediate medical attention, and should never delay seeking medical advice, nor disregard or discontinue medical treatment, because of information contained in the course.

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